



# Nordkapen

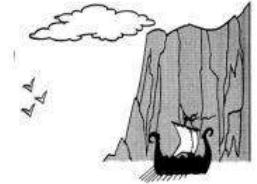
Nordkap Lodge 5-378 - Sons of Norway

The North Cape 71° 10' 21" North Latitude – The Top of Europe

A Congenial Society of Sons, Daughters and Friends of Norway

Organized August 10, 1929 – The first Sons of Norway Lodge in Michigan

<http://www.detroitnorwegians.com>



May 2016

Volume 86 Issue 4

## 2016 NORDKAP EVENTS

**May 14** – Norwegian Constitution Day, 11 am to 3 pm at the Swedish Club

**June 21** – St. Hans/Midsummer celebration, 6 pm, Farmington Heritage Park

**July 16** – Farmington Founders Festival Parade, 9 am

**September 11** – Steak and Corn Roast benefit at the Swedish Club, 1 pm

**October 23** – Lodge Meeting, 4 pm at the Swedish Club

**November 12** – Scandinavian bazaar, 10 am to 4 pm at the Finnish Center

**November 20** – Lodge Meeting, 4 pm at the Swedish Club

**December 11** – Christmas party, 2 pm at Western Golf and Country Club



**Mary Morehead and Carmen Collins will make a kransekake like this to be raffled on May 14.**

*(Bob Giles photo)*

## CELEBRATE NORWAY'S CONSTITUTION DAY

It's now been 202 long years since Norway's leaders signed a landmark constitution laying the groundwork for modern Norway. Your Nordkap Lodge is dedicating just four hours, from 11 a.m. to 3 p.m. on Saturday, May 14, to commemorate this historic event. Join us at the Swedish Club at 22398 Ruth Street in Farmington Hills and experience a real sense of history as we mark this important milestone for one of the world's greatest countries!

Besides the history, there will be a parade, Scandinavian music, games (including the infamous "cod toss"), the General Store, pølse (hot dogs), Norwegian waffles, and other Norwegian treats. Wear your national dress, the bunad, and bring Norwegian flags (or buy them at the store) for the parade. It's a great time for the whole family.



**Previous Cod Toss winners Dan Nelson and Lilje Gronstad (Bob Giles Photo)**

Speaking of family, one of the latest additions to our lodge, Olaf Oskar Smork, the cut-out troll figure in back of the Swedish Club, will be playing an important role in our celebrations. You will want to witness this event!

Here's the rundown:

11 a.m: Swedish Club opens with Norwegian food imports and gift items for sale

11:30 a.m: Parade for all attendees begins

12 noon: Greetings from Nordkap and Norway's honorary consul to Michigan, Dennis Flessland, followed by special ceremony with Olaf Oskar Smork

12:30 p.m: Picnic-style foods and Norwegian waffles available for purchase

1 p.m: Special activities and games, including the "cod toss"

2 p.m: Norwegian dessert buffet opens

3 p.m: Event concludes



## GRATULERER MED DAGEN

### May

Anton Anderssen, Arne Borgnes, Myrtle Ebert, Olive Engman, Norman Kirsch, Kathleen Hanlon-Lundberg, Zachary Marko, Ralph Pedersen, Gail Ritchie, Finn Roed, Laura Roed, Susan Schotts, Patricia Smith, Jennifer Vingsness

### June

David Ray Bryhn, Sheryl Dalton, Ronald Greenough, Ernest Halvorson, Jeff Hatteberg, Maureen Hatteberg, Adrienne Shepard, Samuel Trupiano, Edward Vingsness



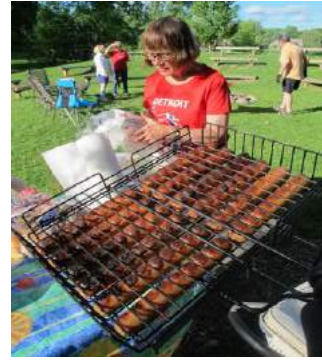
Midsummer 2015  
Photos by Bob Giles

## MIDSUMMER CELEBRATION JUNE 21

Midsummer Eve, called Sankthansaften or St. John's Eve in Norway, will be celebrated by Nordkap Lodge starting at 6 p.m. on Tuesday, June 21, at Heritage Park in Farmington Hills.

- Take a "Viking Walk" through the beautiful wooded hills of the park at 6.
- Roast hot dogs over the fire pit at 6:30.
- Burn a paper witch after dinner to turn off bad memories from the previous year and clear the way for good fortune.
- Finish the day by joining your friends to act out the tale of the Three Billy Goats Gruff—and their courageous defeat of the troll under the bridge.

You will find us at Heritage Park at 24915 Farmington Road just south of 11 Mile in Farmington Hills. Meet at the Campfire Ring in front of the Nature Center. Members are asked to bring side dishes or desserts to share and lawn chairs. This celebration replaces our regular June meeting.



*YUM! Grilled hot dogs.*



*Good conversations, good food, as Midsummer revelers prepare to burn paper witches.*



Bob Giles Photo



## SUNSHINE UPDATES

Congratulations to Lynn and Karen Herche, above, who celebrated their 50<sup>th</sup> wedding anniversary in April.

We're glad to see Judy Kirsch doing well after back surgery and extend best wishes to Marge Sorensen and Carol Jehle as they continue to recover from their operations.

If you know of a member who has achieved a special goal or who needs some cheering up, please contact editor Bob Giles at [BobGiles@New CarNews.tv](mailto:BobGiles@NewCarNews.tv)

### 2016 Officers

**President:**

Louise Giles

**Vice President:**

Elsa Jorgensen

**Financial &**

**Membership Secretary:**

Carol Jehle

**Treasurer:**

Marge Sorensen

**Editor:**

Bob Giles

**Foundation Director:**

Natalie Flessland Vaal

**Counselor:**

Geir Gronstad

**Contact us:**

[nordkap@DetroitNorwegians.com](mailto:nordkap@DetroitNorwegians.com)

## NORDKAP WINS GRANT FOR LANGUAGE STUDIES

The Sons of Norway Foundation has approved Nordkap's application for a Local Lodge Partnership grant. We applied for a grant to purchase a computer for our Norwegian language classes so we can more readily access the Internet and its more comprehensive resources for language study. The Foundation granted us a \$330 award for this purpose.

We expect to be using the grant when our classes resume later this year or early next year.

Our seventh 8-week session of language classes just concluded April 27, with 18 students completing the session. Kudos to teacher Adrienne Shepard who taught all the classes! She hopes to return to teaching Norwegian after the birth of her second child in September.

At our last class, the students hosted a farewell buffet of Norwegian treats as a surprise for Adrienne and presented her a gift card for Buy Buy Baby. Thanks to Mary Morehead and Carmen Collins for organizing the event. Here is a link to Bob Giles' video of how it went: [https://youtu.be/o\\_PUyKzYTFE](https://youtu.be/o_PUyKzYTFE)



*Students hold Norwegian flags at April 27th Norwegian Class  
(Photo by Elsa Jorgensen)*

## GENEALOGY RESOURCE

Carmen Collins kindly passed along the link below, which is free for researching ancestors from Norway:

<http://arkivverket.no/eng/content/view/full/629>

## **PRESIDENT'S COLUMN**

Several of Nordkap's members and friends are heading off to Norway about now to enjoy that country's many wonderful attractions, and they are timing their visits to be able to experience Norwegian Constitution Day right there in Norway. It's a "bucket list" item for me, too—to one day be in Oslo for the incredible parade of hundreds of young people marching past the palace with the Royal Family waving from the balcony and Norwegian flags flying everywhere.

It's a site I hope to see. But for now, those of us here in the Detroit area can experience a little Constitution Day excitement of our own--well, not so little, really! It's Nordkap's celebration of Norway's national day. We will have many of the same elements—marchers in a parade, flags flying, music playing, festive foods and games to enjoy. We won't have the royal family, but we will have Norway's honorary consul to the State of Michigan appointed by King Harald himself, the Honorable Dennis Flessland, who will share his thoughts on the important day.

Mark your calendars and come and join us. Our celebration this year will be May 14, so we can have the leisure of a Saturday for our activities. You can read the details in the related story in this newsletter, but let me add this:

We create a little bit of Norway each May in Farmington Hills because many volunteers make it happen. This year, we will be missing our chief volunteer, Carol Jehle, who is recovering from knee replacement surgery. If you are able, please come lend a hand or bring a dessert to share at our dessert buffet.

Finally, a word about our last event, our April 24<sup>th</sup> meeting, where we enjoyed a satisfying meal of lapskaus (beef stew) and learned about Scandinavia's indigenous people, the Sami. Again, many helping hands made it happen. We owe special thanks to Mia Lamminen, chairman of the Finnish Center Association, who purchased a DVD for us about the Sami while she was visiting Finland; to Derrick Hendricks, our tech guru, who helped us set up a mobile "hot spot" for the Internet; to Bob Giles, who lent his audio-visual skills for the event; and to Dennis Flessland, our chef for that wonderful meal—you can see his recipe on the back page.



*Mia Lamminen offers Sami DVD to Louise Giles*

Med vennlig hilsen (With best regards),

Louise Giles

*(Photos from left): Dennis and Jan Flessland serve lapskaus; members enjoy Sami cultural presentation.*



## **READING THIS NEWSLETTER CAN WIN YOU A PRIZE!**

Among the many good reasons for reading this newsletter, a new one was recently added.

Last month, readers who received the newsletter by e-mail were invited by your editor to complete an online survey about information in the April issue. The survey was distributed by Survey Monkey and consisted of a quiz with just four multiple-choice questions. The answers could be easily discerned by reading articles in the newsletter.

Completing the survey successfully had a payoff: The first three persons to answer all the questions correctly would be eligible to win a small prize--if they attended the next Nordkap meeting and picked it up in person.

Of the 17 people who completed the survey, ten had all the answers correct. Eight of those ten attended the April 24<sup>th</sup> meeting. Among winners present, the top three who qualified for prizes were Mark Eelnurme, Carmen Collins, and Elsa Jorgensen.

As a special bonus for the inaugural running of the quiz, the other five winners present also received a small prize. They were Carol Jehle, Cathy Johnson, Derrick Hendricks, Marge Sorensen, and Judy Kirsch.

The winners had their pick of donated prizes including candy bars and posters.

If you are receiving this Nordkapen newsletter by U.S. Postal Mail and would like to switch to e-mail distribution—and be eligible to participate in any future online quizzes—please let the editor know by e-mailing him at [BobGiles@NewCarNews.tv](mailto:BobGiles@NewCarNews.tv).

## **DEADLINE FOR NORDKAP'S COLLEGE SCHOLARSHIPS IS JUNE 30**

Remember the deadline to apply for college scholarships from Nordkap Lodge is June 30. Please visit our web site to learn more and to download a form at <http://www.detroitnorwegians.com/scholarship.html>.

## **HAVE YOU SEEN THESE NORWEGIAN FILMS?**

Your editor has noted that Netflix has available many feature-length films in the Norwegian language, with English subtitles as an option. Recently he viewed *O'Horten*, *Insomnia*, *Buddy*, *Trollhunter*, *A Somewhat Gentle Man*, *Hawaii Oslo*, the 2012 version of *Kon-Tiki*, *Max Manus*, and *Headhunters*—all of which he recommends.

If you have another favorite Norwegian language film to recommend, please let the editor know at [BobGiles@NewCarNews.tv](mailto:BobGiles@NewCarNews.tv)

## RECIPE FOR LAPSKAUS (NORWEGIAN BEEF STEW)

Adapted from NordicNibbler.com

As prepared by Dennis Flessland at our April meeting

Makes 6-8 servings



*Photo Credit: Bob Giles*

- 2<sup>3</sup>/<sub>4</sub> lbs chuck steak, cut into <sup>3</sup>/<sub>4</sub>-inch pieces
- 6 large carrots, chopped into <sup>3</sup>/<sub>4</sub>-inch pieces
- ½ lb parsley roots, (available from Westborn Market) chopped into <sup>3</sup>/<sub>4</sub>-inch pieces
- 1½ lbs rutabaga, chopped into <sup>3</sup>/<sub>4</sub>-inch pieces
- 2¼ lbs potatoes, such as Russets, chopped into ½-inch cubes
- 6 & 1/3 cups chicken stock
- 2 tbsp butter
- Freshly chopped parsley to garnish
- Salt and freshly ground pepper to taste

Brown batches of meat in a casserole pot with melted butter.

Add chopped vegetables and chicken stock to meat in the pot.

Season as desired with salt and pepper and bring to a boil. Skim top of stew if needed. Cover with a tight fitting lid and simmer for 2½ hours. Stir carefully so that vegetables do not break down and become mushy. Taste and adjust seasoning as needed. If stew is too dense, thin with stock or water. Serve in bowls with a sprinkle of parsley and flatbrød or your favorite bread.

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### NORDKAP LODGE 5-378

c/o Bob Giles

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